Difficult Circumstance, Relationship or Struggle

Feelings of anxiety and panic as a result of habitual sinful thoughts of unbelief (what if?)

Surface Motives
Fear of Man & Need to be in Control

Comfort, Convenience, Pleasure, Security, Protection and Safety

Deeper Motive Serve self rather than loving others

Deepest Motive
Placing myself on throne rather than God

Adapted from booklet Motives, Ed Welch p. 11