

Fear Not

Selected Scriptures | January 1st, 2023

- What is "fear" according to God's word?
 - 1. Not all Fear is sin
 - Healthy Fear
 - Godly Fear and Reverence
 - 2. Types of Fear
 - Phobos or terror
 - Fear of
 - Anxiety and doubt
- How to fight Sinful fear and worry

First and foremost, we focus on the truth: God is all-powerful and all-good.

- 1. Seek first His kingdom and righteousness Mt 6:25-34
 - a. What you fear most is your god.
 - b. The fight of our fear is the fight for our souls.
- 2. Trust God when we don't understand Mark 9:17-24, Phil 4:6-7
 - a. Faith in God is the opposite of sinful fear
 - b. Trust God through prayer and without full understanding
- 3. Cast your anxiety on Him for He cares for you 1 Peter 5:5-7, Psalm 55:1-6

- a. Anxiety is rooted in trying to care by myself about things only God can do. ||Allister Begg
- b. God's provides mercy for what we need Lamentations 3:22-24
- c. Write Gods word on your heart
- 4. Look to Jesus the author and perfector of our faith. Heb 12:2
 - a. Jesus knew fear, yet he did not sin
 - b. Christians are the only people in the world who do not need to be afraid.